

## REGISTRATION

**Please Print**

**Name** \_\_\_\_\_

**Job Title** \_\_\_\_\_

**Agency/Hospital/Dr.'s Practice**

\_\_\_\_\_

**Address** \_\_\_\_\_

**City** \_\_\_\_\_

**State** \_\_\_\_\_ **ZIP** \_\_\_\_\_

**Home**

**Phone** \_\_\_\_\_

**Cell**

**Phone** \_\_\_\_\_

**Circle Credential**

**RD, CN, RN, LPN, MD, ARNP, RA**

**License #** \_\_\_\_\_

**Email** \_\_\_\_\_

**Indicate if vegetarian lunch desired.**

**Registration Fee \$ 200**

**Please make check payable to Allen County Health Department.**

**Registration Deadline: May 1, 2014**

**Mail To:**

Dana Bennett

Allen County Health Department

107 North Court Street

Scottsville, KY 42164

## **Training Location**

Western Kentucky University

Knically Conference Center

2355 Nashville Road

Bowling Green, KY 42101



## **Hotel Information**

**There are multiple hotels in the area. The closet hotel to the course location is the Staybridge Suites.**

## **Certified Lactation Specialist (CLS) Course**



USDA is an equal opportunity provider and employer.

# **Certified Lactation Specialist (CLS) Course**



**June 2-6, 2014**

**Western Kentucky University  
Knically Conference Center  
Bowling Green, KY**

**Registration for this course is limited to Registered Dietitians (RD), Certified Nutritionists (CN), Registered Nurses (RN), Licensed Practical Nurses (LPN), Physicians (MD), Advance Nurse Practitioners (ARNP) and Physician Assistants (PA).**

**Sponsored By:**

**KY Nutrition Services Branch**

Contact: Marlene Goodlett  
(502) 564-3827 ext. 4348  
Marlene.Goodlett@ky.gov

## Agenda

### Day 1-June 2, 2014

7:30-8:00 am Registration

8:00 am—5:30 pm

### Day 2-June 3, 2014

8:00 am—5:30 pm

### Day 3-June 4, 2014

8:00 am— 5:30 pm

### Day 4-June 5, 2014

8:00 am—5:30 pm

### Day 5-June 6, 2014

8:00 am—4:30 pm

## Objectives

- List 4 advantages of human milk.
- Describe 3 elements of proper latch on.
- Identify 3 hospital practices that interfere with breastfeeding.
- State 4 ways to treat engorgement.
- Identify 3 hazards of artificial feeding.
- List 2 interventions for GER.
- State 3 elements of the AAP recommendations for treatment of jaundice.

## Trainers

### **Jan Barger, RN, MA, IBCLC Wheaton IL**

Jan has worked in maternal and child health since 1972 and is an IBCLC in private practice and with Wheaton Pediatrics in Chicago, IL. Jan has served on the IBCLE board and exam committee and was the 1990-1992 International Board Certified Lactation Consultant (IBCLC) President. She is the co-author of Blueprints.

### **Linda Kutner, RN, BSN, IBCLC Mooreville, NC**

Linda has worked in the pediatric and lactation field since 1967. She is currently a lactation consultant at a hospital near Charlotte, North Carolina. She had a thriving private practice for 17 years prior to joining the hospital staff. Linda served at the 1992-1994 ICLA President and on the IBCLE Board, and is the primary author of Blueprints.

### **Carole Peterson, MS, IBCLC Fort Wayne, IN**

Carole was a lactation consultant for a WIC clinic, and a chairperson for the Indiana WIC Breastfeeding Committee for 17 years. She is now the Lactation Task Force Coordinator in Indiana. Carole is a trainer for the Indiana WIC Peer Counselor Program, and she is member of the NWA Breastfeeding Committee. She was an associate instructor in child development at Indiana-Perdue University at Fort Wayne, Indiana and she is the co-author of Blueprints for Public Professionals.



Registration for this course is limited to Registered Dietitians (RD), Certified Nutritionists (CN), Registered Nurses (RN), Licensed Practical Nurses (LPN), Physicians (MD), Advance Nurse Practitioners (ARNP), and Physician Assistants (PA) who wish to improve their knowledge base and skills in working with the breastfeeding dyad. All areas included on the IBCLE exam are addressed. The course provides the needed number of continuing education in lactation to qualify to sit for the IBCLE exam. Certification as a lactation specialist is achieved through attendance of the entire course and successful completion of the end of course exam on the last day.

This certification is a stepping stone to the IBCLC credential. It is hoped that those who attend the course will ultimately become board certified, although that is not a requirement. During this very practical course, participants will be taught how to use appropriate counseling skills, how to teach mothers and families, and most importantly, how to function hands-on as a clinician.

